



# Q - Collaborate to Innovate

A community focused on driving sustainable improvement in health and care.

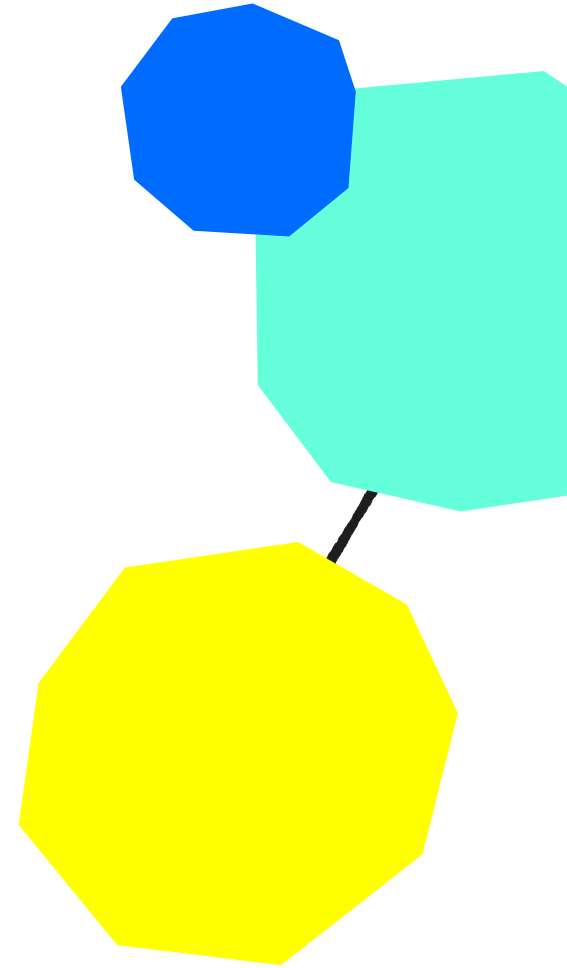
Tarnia Mason, Community and Collaborative Change Manager, Q



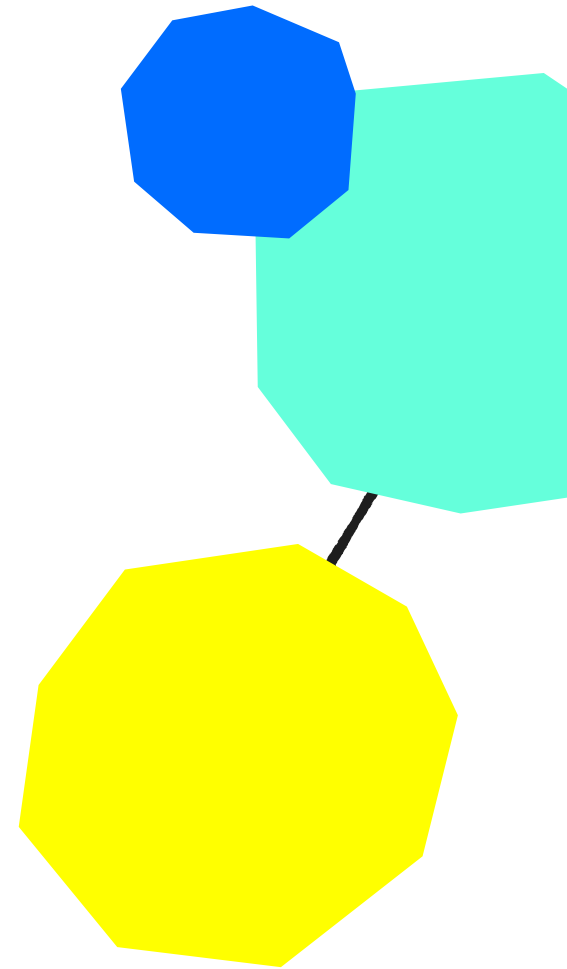
Q is led by the Health Foundation and supported by partners across the UK and Ireland



# Why does collaboration matter to you?



We are a community of thousands of people across the UK and Ireland, collaborating to improve the safety and quality of health and care.



# How Q creates change

## What Q does

### Inputs and activities

To be successful, we need to:

Attract thousands of people from across the UK and Ireland committed to improving health and care

Enable members to lead and participate: our digital platform supports community-led activity and thriving smaller networks

Inspire and engage the community and leaders through our events, participatory funding, Q lab network, actionable insights, and powerful stories of improvement

Share and amplify learning with system leaders and others that responds to changing system context and priorities

Retain a long-term focus: co-designed and co-delivered with members and partners, with guaranteed long-term funding

Complement the work of improvement initiatives elsewhere

### Mechanisms of change

A large community that activates people's expertise, experience and energy: a place to participate with purpose that meets changing individual, organisational and system needs:



Thousands of members are better equipped to bring about positive change in their work

Senior and system leaders are influenced to create better conditions and cultures for improvement

## Our impact

### Outcomes for members

Stronger relationships and collaborations	More energy and inspiration to share and apply learning	Greater confidence and sense of agency to lead change	Better skills to put things into practice	Increased knowledge of what works and how to apply it in their context
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As members influence the work of their teams, organisations and networks, the positive effect is multiplied

### Outcomes for the system

Increased visibility and credibility of improvement	Enhanced improvement capabilities at every level of the system	More compassionate and empowering leadership	Better spread and implementation of ideas, evidence and successful interventions	A more joined-up system where a broader range of staff, patients and care recipients contribute fully
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This boosts capacity for organisations and the system to do more effective and sustainable improvement work

### Better health and care for people across the UK and Ireland

Higher quality care that is safer, more effective, more caring, better led, sustainably-resourced and more equitable

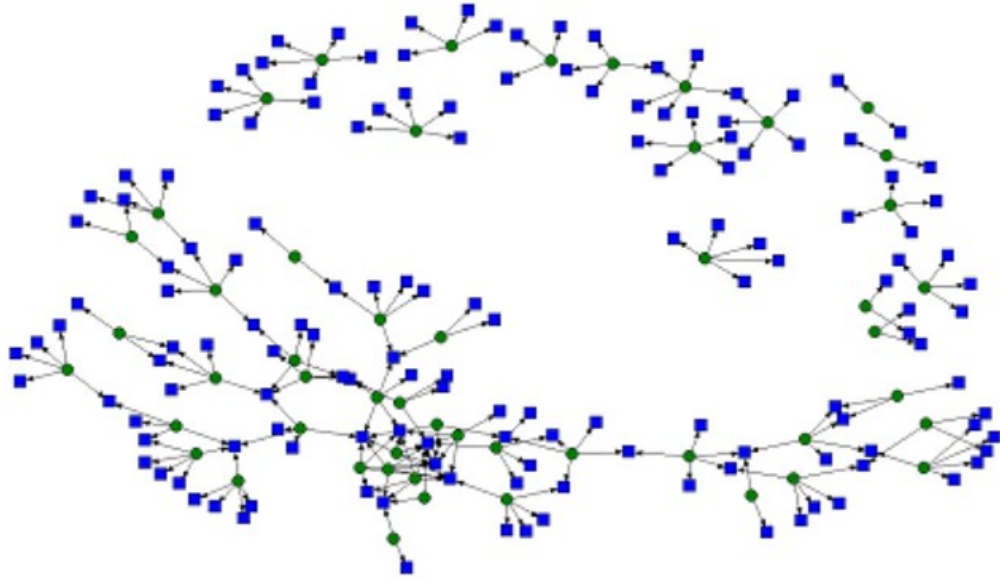
To boost collaboration and improvement that's shaped and owned by those who deliver and receive care, we focus around three themes:

Bringing improvement and digital together for sustainable change	Reducing waits in a way that supports broader transformation goals	Enabling integrated improvement across sectors
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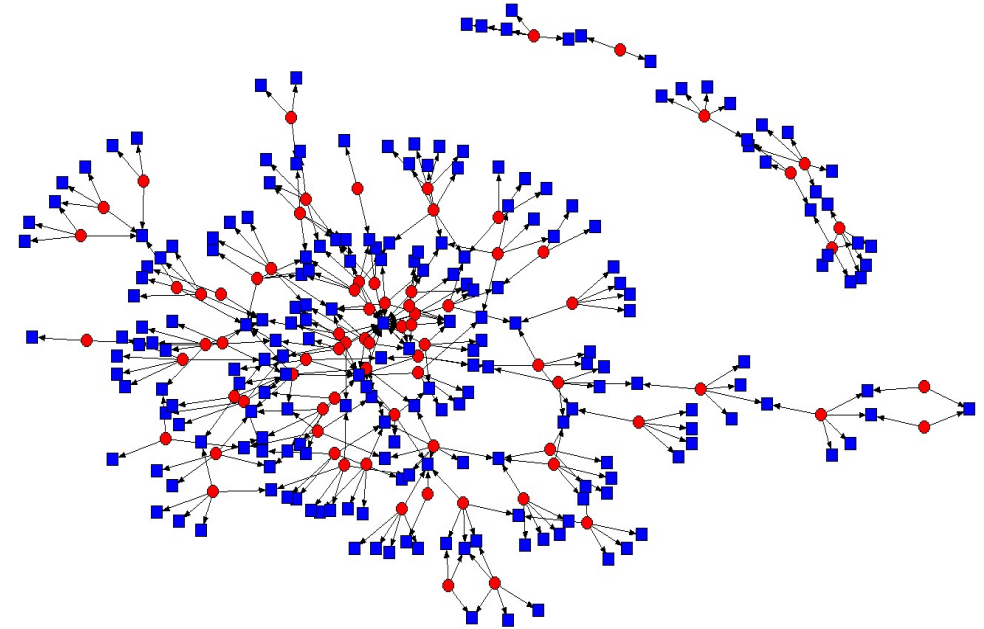
# Changes to culture and practice happen through people

Read more:

<https://warwick.ac.uk/fac/soc/wbs/research/vmi-nhs/reports/>



Social networks in a trust  
rated inadequate



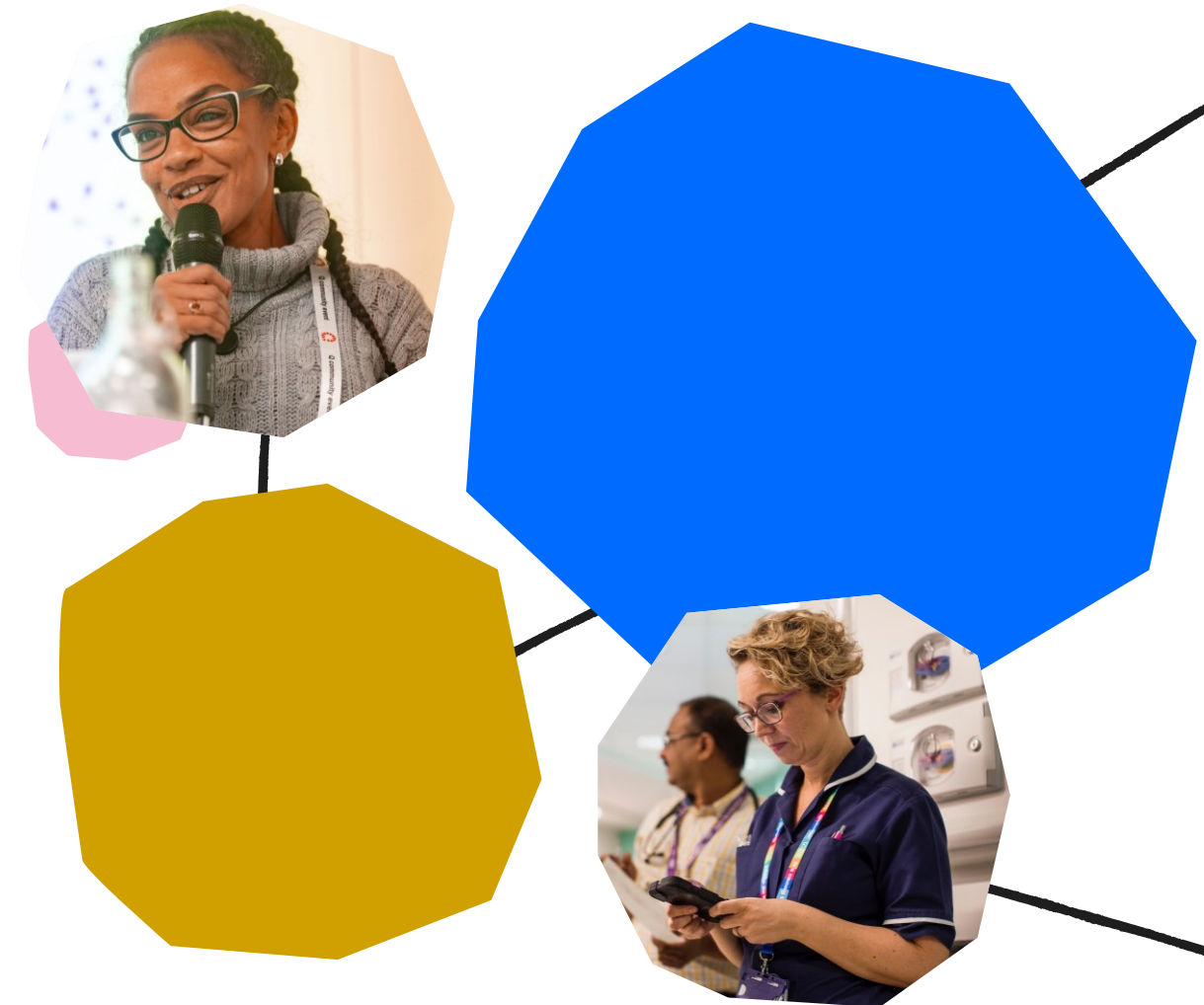
Social networks in an  
outstanding trust





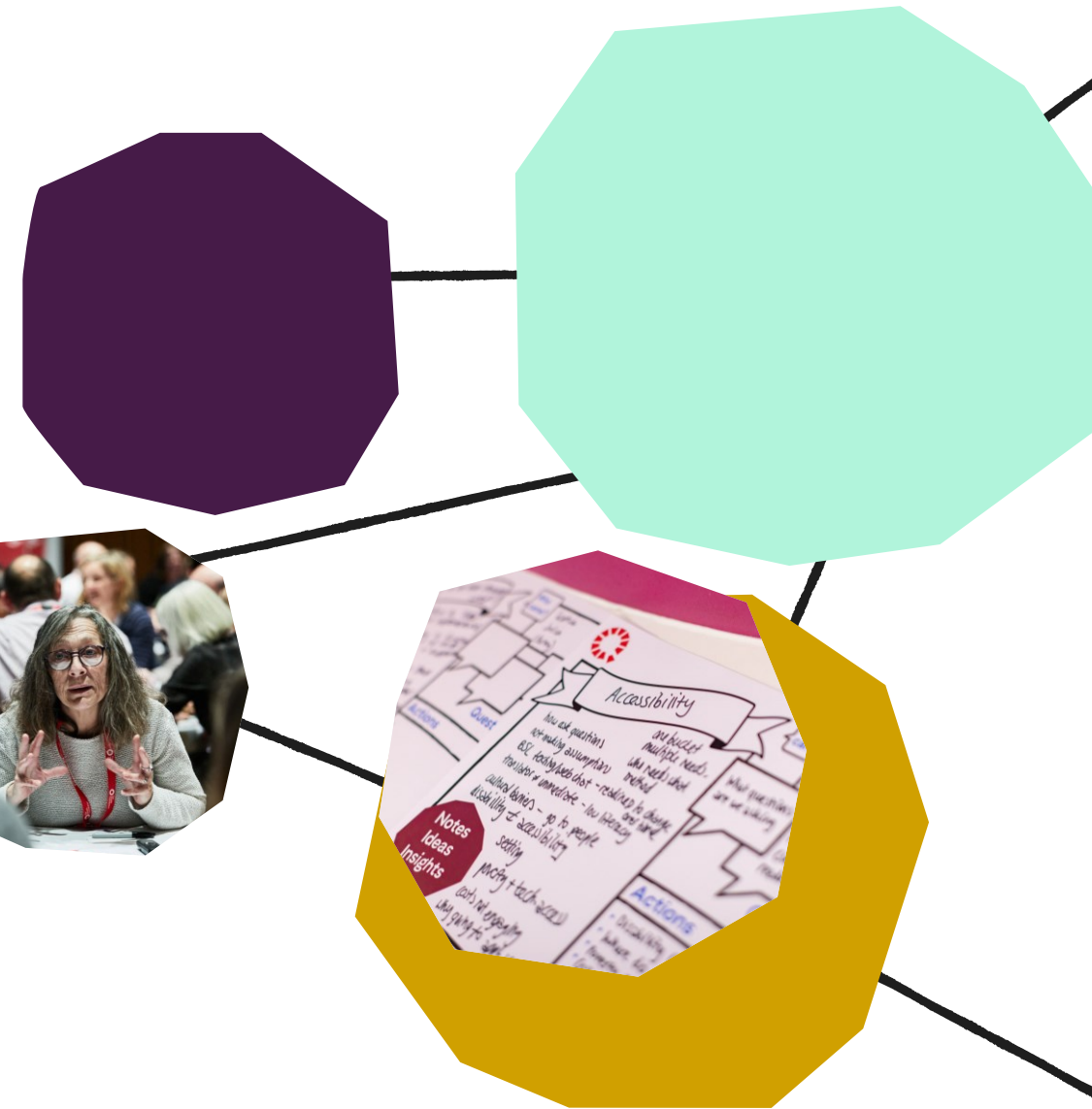
# Become a Q member to:

- Learn, grow, and share ideas with a community dedicated to driving positive change.
- Connect with others carrying out improvement work with access to free events, networking, and learning resources.
- Take a flexible approach to contributing and help improve health and care.
- Join for free with no ongoing membership fees.



## As a Q member, get free access to:

- Lifetime membership, with no joining or ongoing fees.
- Webinars, guides and toolkits.
- Networking opportunities and events.
- Our member directory - get listed and connect with others.
- A range of groups to connect with peers.
- The chance to learn from other organisations through in-person Q visits.
- The opportunity to gain funding for your project ideas.



# Hear from the Q community

“The Q community gave me my network of other QI people, access to learning through webinars and a chance to go on some amazing Q Visits.”

**Debbie Brazil,**  
Head of Quality &  
Efficiency Improvement

“The great strength of the Q community is its willingness to embrace the spirit as well as the science of improvement.”

**Breid O’Brien,**  
former Director of  
Innovation and Digital  
Health at NHS England

“The connections I have made so far have been remarkable.”

**Yvonne Morgan,**  
Proactive Hospital  
Improvement  
Coach



# Join Q to drive sustainable improvement in health and care.

Want to know more?

Visit [q.health.org.uk/apply-q](https://q.health.org.uk/apply-q)



# Thank you

Supported by



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